# Synchronization in a Kuramoto Mean Field Game

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# **Dynamical System**

Kuramoto 1975

Bifurcation

#### Mean Field Approach

General Approach

Kuramoto mean field game (KMFG)

Synchronization in Mean Field

An Application : Jet Lag Recovery

DYNAMICAL SYSTEM

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#### <u>SELF-ENTRAINMENT OF A POPULATION OF</u> <u>COUPLED NON-LINEAR OSCILLATORS</u> Yoshiki Kuramoto Department of Physics, Kyushu University, Fukuoka, Japan

Temporal organization of matter is a widespread phenomenon over a macroscopic world in far from thermodynamic equilibrium. A previous study on chemical instability<sup>1</sup> implies that a simplest nontrivial model for a temporally organized system may be represented by a macroscopic self-sustained oscillator Q obeying the equation of motion

$$\dot{\mathbf{Q}} = (\mathbf{i}_{\omega} + \alpha)\mathbf{Q} - \beta |\mathbf{Q}|^{2}\mathbf{Q} , \qquad (1)$$
  
$$\alpha, \beta > 0.$$

Consider a population of such oscillators  $Q_1$ ,  $Q_2$ ,... $Q_N$  with various frequencies, and introduce interactions between every pair as follows.

$$\begin{split} \hat{\mathbf{Q}}_{\mathrm{S}} &= \left(\mathrm{i}\omega_{\mathrm{S}} + \alpha\right)\mathbf{Q}_{\mathrm{S}} + \sum_{\mathbf{r}\neq\mathbf{S}} \mathbf{v}_{\mathbf{r}\mathrm{S}}\mathbf{Q}_{\mathbf{r}} - \beta \left|\mathbf{Q}_{\mathrm{S}}\right|^{2}\mathbf{Q}_{\mathrm{S}}, \\ \mathbf{r}, \mathbf{s} &= 1, 2, \dots N \end{split}$$

$$(2)$$

We found that it is possible to construct from (2) a soluble model for a community exhibiting mutual synchronization or self-entrainment above a certain threshold value of the coupling strength. Such a type of phase transition has been considered by Winfree<sup>2)</sup> without resorting to specialized models but only phenomenologically. Kuramoto considered a population of N coupled phase oscillators  $\theta_t^k$  having natural frequencies  $\omega^k$  distributed with a given density, and whose dynamics are governed by

$$rac{\mathrm{d}}{\mathrm{d}t} heta_t^k = \omega^k + rac{\kappa}{N}\sum_{j=1}^N \sin( heta_t^j - heta_t^k), \qquad k = 1, \dots, N.$$

The following complex order parameter simplifies the equation :

$$r_t e^{i \psi_t} := rac{1}{N} \sum_{j=1}^N e^{i \theta_t^j}$$
,  $\Rightarrow$   $r_t \sin(\psi_t - \theta_t^k) = rac{1}{N} \sum_{j=1}^N \sin(\theta_t^j - \theta_t^k)$ .

Hence, the equation has the form :

$$\frac{\mathrm{d}}{\mathrm{d}t}\theta_t^k = \omega^k + \kappa \, r_t \, \sin(\psi_t - \theta_t^k), \qquad k = 1, \dots, N.$$

Quoting : From Kuramoto to Crawford : exploring the onset of synchronization in populations of coupled oscillators by S. H. Strogatz (Pysica D, 2000).

$$\frac{\mathrm{d}}{\mathrm{d}t}\theta_t^k = \omega^k + \kappa r_t \sin(\psi_t - \theta_t^k), \qquad k = 1, \ldots, N.$$

In this form, the mean-field character of the model becomes obvious. Each oscillator is interacting only through the mean-field quantities  $r_t$  and  $\psi_t$ . Specifically, the phase  $\theta_t^k$  is pulled toward the mean phase  $\psi_t$ , rather than toward the phase of any individual oscillator. Moreover, the effective strength of the coupling is proportional to the coherence  $r_t$ . This proportionality sets up a positive feedback loop between coupling and coherence : as the population becomes more coherent,  $r_t$  grows and so the effective coupling  $\kappa r_t$  increases, which tends to recruit even more oscillators into the synchronized pack.

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There exists a critical threshold  $\hat{\kappa}_c$  (depending on the distribution of  $\omega^i$ s) such that :

- For all  $\kappa < \hat{\kappa}_c$ , the oscillators behave as if they are uncoupled. The phases become uniformly distributed and the coherence  $r_t$  decays like  $1/\sqrt{N}$ .
- For all κ > κ̂<sub>c</sub>, the incoherent state becomes unstable and r<sub>t</sub> grows to an eventual level r<sub>∞</sub> < 1. In the partially synchronized state, most oscillators co-rotate with the average phase ψ<sub>t</sub>.
- ▶ As  $\kappa \uparrow \infty$ , synchronization increases and  $r_{\infty}$  gets closer to 1.

A good review of these results can be found in the 2000 paper of S. H. Strogatz and also in, The Kuramoto model : A simple paradigm for synchronization phenomena by Acebrón, Bonilla, Pérez, Ritort, Spigler (Review of modern physics, 2005). Given the phase  $\theta^k,$  the empirical measure  $\mu^N_t$  is defined by,

$$\mu_t^N = rac{1}{N} \sum_{j=1}^N \, \delta_{\{ heta_t^j\}} \quad \Rightarrow \quad rac{1}{N} \sum_{j=1}^N \, \sin( heta_t^j - heta_t^k) = \int \, \sin(y - heta_t^k) \, \mu_t^N(\mathrm{d} y).$$

If we add a common Brownian motion  $B_t$ , the equation becomes,

$$\mathrm{d} heta_t^k = \omega^k \,\mathrm{d} t + \kappa \int \sin(y - heta_t^k) \,\mu_t^N(\mathrm{d} y) \,\mathrm{d} t + \sigma \mathrm{d} B_t, \qquad k = 1, \dots, N$$

As *N* tends to infinity, if all oscillators are identical, one expects  $\mu_t^N$  to converge to the law of the representative oscillator  $X_t$ . And we expect  $X_t$  to satisfy the following McKean-Vlasov equation,

$$\mathrm{d}X_t = \omega\,\mathrm{d}t + \kappa\int\sin(y-X_t)\,\mu_t(\mathrm{d}y)\,\mathrm{d}t + \sigma\mathrm{d}B_t,$$

where  $\mu_t = Law(X_t)$ , and  $\omega$  is drawn from the common law of  $\omega^k$ 's.

Kuramoto was motivated by the phenomenon of collective synchronization as studied by Winfree. Biological examples include :

- Networks of pacemaker cells in the heart : Peskin (1975), Michaels, Matyas, Jalife (1987);
- Circadian pacemaker cells in the suprachiasmatic nucleus of the brain : Liu, Weaver, Strogatz, Reppert (1997);
- ▶ Metabolic synchrony in yeast cell suspensions : Aldridge, Pye (1976);
- ▶ Congregations of synchronously flashing fireflies : Buck (1988).

There are also many examples in physics and engineering including

- Arrays of lasers : Yu et. al (1995);
- Microwave oscillator; York, Compton (1991);
- ▶ Josephson junctions in superconducting : Wiesenfeld, Colet, Strogatz (1998).

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- ▶ We treat the system of oscillators as a particle system.
- Instead of positing the dynamics of the particles, we let the individual particles determine endogenously their behaviors by minimizing a cost functional and hopefully, settling in a Nash equilibrium.
- Once the search for equilibrium is recast in this way, equilibria are given by solutions of nonlinear forward-backward systems.
- ► They are characterized by a backward Hamilton-Jacobi-Bellman (HJB) equation coupled to a forward Fokker-Planck-Kolmogorov (FPK) equation, and in the probabilistic approach, by forward-backward stochastic differential equations.

Jeux à champ moyen, Lasry and Lions, 2006, 2007 Large population stochastic dynamic games, Huang, Malhamé, Caines, 2006.

- ▶ There are *N* many oscillators.
- ▶  $\theta_t^k$  is the phase of the *k*-th oscillator for  $k \in \{1, ..., N\}$ , and set  $\theta_t = (\theta_t^k)_{k=1,...,N}$ .
- Each follow

$$\mathrm{d} heta_t^k = lpha_t^k \mathrm{d}t + \sigma \mathrm{d}B_t^k, \hspace{0.2cm} ( ext{before it was } \mathrm{d}X_t = \kappa \int \sin(y-X_t)\mu_t(\mathrm{d}y)\mathrm{d}t + \sigma \mathrm{d}B_t),$$

where  $\omega^k$ 's are set to zero,  $B_t^k$  are independent Brownian motions and the adapted processes  $\boldsymbol{\alpha} := (\alpha_t^k)_{t\geq 0}$  are the controls exerted by the individual oscillators.

- Controls are chosen in order to simultaneously minimize their costs given by

$$oldsymbol{lpha}\mapsto J^k(oldsymbol{lpha}):=\mathbb{E}\int_0^\infty e^{-eta t} \left[\kappa \ L( heta_t^k,oldsymbol{ heta}_t)+rac{1}{2}(lpha_t^k)^2
ight] \mathrm{d}t.$$

- ▶ We look for a Nash equilibrium.
- ▶  $L(\theta_t^k, \theta_t)$  is the interaction cost that is specified in the next slight.
- Constant  $\kappa \geq 0$  models the strength of the interactions between the oscillators.

•

Recall that Kuramoto equation is

$$\frac{\mathrm{d}}{\mathrm{d}t} \,\,\theta_t^k = \omega^k \,+ \kappa \int \,\sin(y - \theta_t^k) \,\mu_t^N(\mathrm{d}y)$$

We set  $\omega^k = 0$ . Then, the trigonometric identity  $2\sin^2(x/2) = 1 - \cos(x)$ , implies that,

$$\int \sin(y-x)\,\mu_t^N(\mathrm{d} y) = -\frac{\mathrm{d}}{\mathrm{d} x}\,\int \left[1-\cos(y-x)\right]\mu_t^N(\mathrm{d} y) = -2\frac{\mathrm{d}}{\mathrm{d} x}\,\int\,\sin^2((y-x)/2)\,\mu_t^N(\mathrm{d} y).$$

So formally the Kuramoto equation is the gradient flow of the 'energy'

$$L(\theta_t^k, \theta_t) := 2 \int \sin^2((\theta_t^k - y)/2) \ \mu_t^N(\mathrm{d} y).$$

Synchronization of coupled oscillators is a game, by Yin, Mehta, Meyn, Shanbhag, IEEE (2011).

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#### Recall that

- $L(\theta_t^k, \theta_t) := 2 \int \sin^2((\theta_t^k y)/2) \mu_t^N(\mathrm{d}y)$ , and  $\mathrm{d}\theta_t^k = \alpha_t^k \mathrm{d}t + \sigma \mathrm{d}B_t^k$ .
- ▶ The problem is to minimize  $\alpha \mapsto J^k(\alpha) := \mathbb{E} \int_0^\infty e^{-\beta t} \left[\kappa \ L(\theta_t^k, \theta_t) + \frac{1}{2} (\alpha_t^k)^2\right] \mathrm{d}t.$

#### So as *N* tends to infinity :

- $\theta_t^k$ 's become statically more similar and the 'representative' oscillator  $X_t$  follows  $dX_t = \alpha_t + \sigma dB_t$ .
- $\mu_t^N$  converges to the law of the representative oscillator  $X_t$ .
- ▶ Then,  $L(\theta_t^k, \theta_t)$  converges to  $L(X_t, \mu_t) = 2 \int \sin^2((X_t y)/2) \mu_t(dy)$ , where  $\mu_t = Law(X_t)$ .
- ▶ The problem is to minimize  $\alpha \mapsto J(\alpha) := \mathbb{E} \int_0^\infty e^{-\beta t} \left[\kappa L(X_t, \mu_t) + \frac{1}{2} (\alpha_t)^2\right] dt$ , where  $dX_t = \alpha_t dt + \sigma dB_t$  and  $\mu_t = Law(X_t)$ .

As  $\mu_t^N$  should converge to the law of the representative oscillator  $X_t$ , the mean field limit of the Nash equilibrium problem with initial distribution  $\mu$  is summarized as follows,

- 1. Start with a deterministic flow of probability measures  $\mu = (\mu_t)_{t \ge 0}$  with  $\mu_0 = \mu$ .
- 2. Find the optimal control  $\alpha^{*,\mu} = (\alpha_t^{*,\mu})_{t\geq 0}$  minimizing,

$$\boldsymbol{\alpha} = (\alpha_t)_{t\geq 0} \quad \mapsto \quad J(\boldsymbol{\alpha}; \ \boldsymbol{\mu}) := \mathbb{E} \int_0^\infty e^{-\beta t} \left[ \kappa \ L(X_t^{\boldsymbol{\alpha}}, \mu_t) + \frac{1}{2} (\alpha_t)^2 \right] \, \mathrm{d}t,$$

where  $dX_t^{\alpha} = \alpha_t dt + \sigma dB_t$ ,  $Law(X_0) = \mu_0$ , and  $L(x, \mu) := 2 \int_{-\pi}^{\pi} \sin^2((x-y)/2) \mu(dy)$ .

3. Find the fixed point  $\mu_t = Law(X_t^{\alpha^{*,\mu}})$ .

- We say that a flow of probability measures µ = (µ<sub>t</sub>)<sub>t≥0</sub> is a solution of the KMFG, if it solves the fixed-point problem described above.
- ▶ We say that a probability measure  $\mu$  is a stationary solution of the KMFG, if  $\mu_t \equiv \mu$  is a solution.

The following is a simple but useful fact follows from the symmetry of the problem.

For a probability measure  $\mu$  and  $z \in \mathbb{R}$ , translated measure  $\mu(\cdot; z)$  is given by,

$$\mu(B; z) = \mu(\{y : y + z \in B\}).$$

If a probability measure  $\mu$  is a stationary solution of the KMFG, then all translated measures  $\mu(\cdot; z)$  are also solutions. We first note that for a given probability measure  $\mu$ ,

$$L(x,\mu) = 2 \int_{-\pi}^{\pi} \sin^2((x-y)/2) \ \mu(dy)$$
  
=  $\int_{-\pi}^{\pi} [1 - \cos(x-y)] \ \mu(dy)$   
=  $1 - \int_{-\pi}^{\pi} [\cos(x)\cos(y) + \sin(x)\sin(y)] \ \mu(dy)$   
=  $1 - \mu(\cos)\cos(x) - \mu(\sin)\sin(x),$ 

where

$$\mu(\cos) = \int_{-\pi}^{\pi} \cos(y) \ \mu(\mathrm{d}y), \qquad \mu(\sin) = \int_{-\pi}^{\pi} \sin(y) \ \mu(\mathrm{d}y).$$

Let U be the uniform measure on the circle. Then,

$$L(x, U) = 1 - U(\cos)\cos(x) - U(\sin)\sin(x) \equiv 1.$$

Then, the control problem corresponding to the stationary flow U is

minimize 
$$\boldsymbol{\alpha} = (\alpha_t)_{t\geq 0} \mapsto J(\boldsymbol{\alpha}; U) := \mathbb{E} \int_0^\infty e^{-\beta t} \left[\kappa + \frac{1}{2} (\alpha_t)^2\right] \mathrm{d}t.$$

Cleary the optimal solution is  $\alpha^* \equiv 0$ , and the optimal state is  $dX_t^* = 0 dt + \sigma dB_t$ . Hence,  $X_t^* = X_0^* + \sigma B_t$  and as  $Law(X_0^*) = U$ , we have  $Law(X_t^*) = U$  as well. Hence,

The uniform measure U is a stationary solution of the KMFG for every parameter.

The influence of the given flow of probability measures  $\mu = (\mu_t)_{t\geq 0}$  on the control problem is through  $L(\cdot, \mu_t)$ . The algebraic calculation before indicates only  $t \in [0, \infty) \mapsto \kappa(\mu_t(\cos), \mu_t(\sin)) =: (a_t, b_t)$  is relevant. Hence, we look for a fixed point of the map

 $\boldsymbol{\mu} \mapsto (a_t, b_t) \mapsto X^{*, \boldsymbol{\mu}} \mapsto \boldsymbol{\mu}^* \mapsto \kappa(\mathbb{E}[\cos(X_t^{*, \boldsymbol{\mu}})], \mathbb{E}[\sin(X_t^{*, \boldsymbol{\mu}})]),$ 

where  $X_t^*$  is the optimal process with running cost  $\ell(x) = -\kappa(a_t \cos(x) + b_t \sin(x))$ .

#### Theorem

Probability flow  $\mu = (\mu_t)_{t \ge 0}$  is a solution of the Kuramoto mean field game if and only if

 $\mu_t(\cos) = \mathbb{E}[\cos(X_t^{*,\mu})], \quad and \quad \mu_t(\sin) = \mathbb{E}[\sin(X_t^{*,\mu})], \qquad \forall t \ge 0.$ 

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Critical interaction parameter is  $\kappa_c := \beta \sigma^2 + \sigma^4/2$ .

#### Theorem (Sub-critical interaction : incoherence)

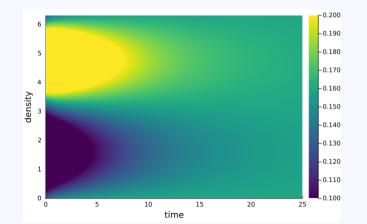
For  $\kappa < \kappa_c$ , there exist a positive constant  $\rho > 0$  depending on  $\beta, \sigma, \kappa$  such that for any  $\mu_0$  satisfying  $d(\mu_0 - U) \le \rho$ , there exists a solution  $\mu = (\mu_t)_{t \ge 0}$  of the Kuramoto mean field game with interaction parameter  $\kappa$  with  $\mu_0 = \nu$  and  $\mu_t$  converges in law to the uniform distribution as t tends to infinity. Hence, the uniform measure is locally stable.

Proof constructs a fixed point of the map

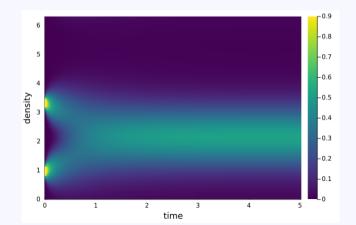
 $(a_t, b_t) \mapsto X^{*,\mu} \mapsto \kappa(\mathbb{E}[\cos(X_t^{*,\mu})], \mathbb{E}[\sin(X_t^{*,\mu})]),$ 

so that  $(a_t, b_t)$  converges to zero exponentially, and the distance  $d(\mu_0 - U)$  above is given by the action of  $\mu_0 - U$  on five trigonometric functions.

We numerically compute the solutions of the Kuramoto mean field game with  $\beta = \frac{1}{2}$ ,  $\sigma = 1$  with critical value  $\kappa_c = 1$ . We consider  $\kappa = 0.8 < \kappa_c$  with initial condition  $v(dx) = Ce^{-\sin(x)}dx$ . Below solution illustrates the convergence of the solution to the uniform distribution.



Again  $\beta = \frac{1}{2}$ ,  $\sigma = 1$  with critical value  $\kappa_c = 1$ . Now we consider  $\kappa = 2 > \kappa_c$  with initial distribution that has two clusters around  $\pi/2$  and  $3\pi/2$ . As seen below two clusters quickly merge and the solution converges towards a non-uniform invariant probability measure.



#### Theorem (Super-critical interaction : synchronization)

For  $\kappa > \kappa_c$ , there exists a non-trivial stationary solutions of the KMFG.

*Proof.* Suppose  $\mu$  is a stationary solution. As all translations of  $\mu$  are again a solution, by translating we may assume that  $\mu(\sin) = 0$  and set  $\gamma := \mu(\cos)$ .

So we consider the control problem with the cost function  $\kappa - \gamma \cos(x)$ . Let  $\mu_{\gamma}$  be the corresponding stationary measure of the optimal state process.

Set  $F_{\kappa}(\gamma) := \int \cos(y) \ \mu_{\gamma}(dy)$ . Then, there is a solution if and only if  $\kappa = F_{\kappa}(\gamma)$ . We compute that  $F'(0) = \kappa/\kappa_c$ . In particular, F'(0) > 1 when  $\kappa > \kappa_c$ . As  $F_{\kappa}(\gamma) \le \kappa$ , this implies the existence a fixed-point.

It is important that the critical value  $\kappa_c$  is same in both proofs.

#### Lemma (Strong interaction : Full synchronization)

Let  $\mu_n$  be a sequence of non-trivial stationary measures of the Kuramoto mean-field game with interaction parameters  $\kappa_n$  tending to infinity. Then, there exists a sequence  $z_n$  such that the translated stationary measures  $\mu_n(\cdot; z_n)$  converge in law to the Dirac measure  $\delta_{\{0\}}$ .

*Proof.* We use viscosity solutions to study the dynamic programming equation :

$$eta v^\gamma(x) - rac{\sigma^2}{2} v^\gamma_{xx}(x) + rac{1}{2} (v^\gamma_x(x))^2 = -\gamma \cos(x).$$

Suppose  $\gamma \uparrow \infty$  and set  $w^{\gamma} := \sqrt{\gamma} [v^{\gamma} + \gamma/\beta$ . Then,  $w^{\gamma}$  solves,

$$eta_\gamma w^\gamma(z) - rac{\sigma_\gamma^2}{2} w^\gamma_{\scriptscriptstyle XX}(z) + rac{1}{2} (w^\gamma_{\scriptscriptstyle X}(z))^2 = 1 - \cos(z),$$

with  $\beta_{\gamma}, \sigma_{\gamma} \to 0$ . The limit Eikonal equation  $w_x(z)^2/2 = 1 - \cos(z)$  has an explicit solution.

AN APPLICATION : JET LAG RECOVERY

- Circadian rhythm is the oscillatory behavior of biological processes with a period close to 24 hours.
- Examples of circadian rhythms in animals include sleep/wake patterns, eating schedules, bodily temperatures, hormone production, and brain activity.
- ▶ These oscillations can be entrained to the 24 hour cycle of sunlight exposure.
- > Abrupt disruptions, such as when an individual travels across time zones, results in jet lag.
- A region in the brain called Suprachiasmatic Nucleus (SCN) controls circadian rhythms.
- ▶ It contains on the order of 10,000 neuronal oscillator cells,
- Each of these cells has a preferred frequency of slightly longer than 24 hours.

The following modification of the Kuramoto model is proposed for jet lag for SCN oscillators :

$$\frac{\mathrm{d}}{\mathrm{d}t}\theta_t^k = \omega^k + F \sin(\omega_s t + p(t) - \theta_t^k) + \frac{\kappa}{N} \sum_{j=1}^N \sin(\theta_t^j - \theta_t^k), \quad k = 1, \dots, N,$$

- $\omega_s = 2\pi/24$  is the frequency of the external drive (which is sunlight),
- F is the strength of the external drive,
- p(t) is a phase shift accounting for the time zone angle at time t.
- p(t) = p is used for an individual that stays in their time zone forever,
- whereas p(t) increases for eastward travel and decreases for westward travel.

Resynchronization of circadian oscillators and the east-west asymmetry of jet-lag, by Lu, Cardena, Lee, Antonsen, Girvan, Ott, (2016).

- Suppose that one is a one time zone corresponding to a shift  $p_1$  until time  $\tau$  and moves to  $p_2$ .
- ▶ Then, the forcing function is given by,

$$p(t) = egin{cases} p_1 & ext{if } t \leq au, \ p_2 & ext{if } t > au. \end{cases}$$

- ▶ If  $\kappa$ , F,  $\tau$  are large, the oscillators synchronize around  $p_1$  with a period close to 24 hours. Then, at time  $\tau$  abrupt disruption occurs and the oscillators gradually shift the phase to  $p_2$ .
- The paper studies the relaxation time of the transition and numerically finds larger recovery time for eastward travel.

▶ The interaction cost, has an extra term :

$$L(\theta_t^k, \boldsymbol{\theta}_t) = \ell(\theta_t^k, \mu_t^N) + c_{sun}(t, p(t), \theta_t^k),$$

where the first term is interaction between oscillators

$$\ell(\theta_t^k, \mu_t^N) = 2\frac{1}{N} \sum_{j \neq i} \sin^2\left((\theta_t^k - \theta_t^j)/2\right) = 2 \int_{-\pi}^{\pi} \sin^2\left((\theta_t^k - \theta)/2\right) \, \mu_t^N(\mathrm{d}\theta),$$

the empirical function  $\mu_t^N$  is as before.

the second term is the interaction with the external drive

$$c_{sun}(t, p(t), \theta_t^k) = 2\sin^2\left((\omega_s t + p(t) - \theta_t^k)/2\right),$$

function p(t),  $\omega_s$  as in the previous model.

Jet Lag Recovery : Synchronization of Circadian Oscillators as a Mean Field Game, Carmona, Graves, (2020).

- > Mean Field formalism have exactly the same solution structure as the dynamical system approach.
- As the uniform solutions are the desynchronized states, our results indicate a bifurcation from inhorence to self-organization at  $\kappa_c$ , and then convergence to full synchronization for very large interaction parameters.

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